



**Quality Council**

Monday, March 22, 2004

**3:30-5:00 p.m.**

Conference Room 6A, Exchange Building  
821 Second Avenue, Seattle WA 98104

**Members Attending:**

Ron Sterling, Chair  
Christine White  
Alberto Gallegos  
Frank Jose  
Richard Hart  
Kali Henderson  
Steve Collins

**Staff Present:**

Lisbeth Gilbert  
Melisande Noe

**Guests:**

Shelle Crosby  
Walt Adam

**I. CALL TO ORDER**

The meeting was called to order at 3:30 p.m.

**II. ANNOUNCEMENTS**

Christine Hearth of Community Psychiatric Clinic is moving on to a new position in Long Beach, Washington as a mental health agency director. Kelli Nomura may be attending future QC meetings in her place.

NAMI-Greater Seattle has two part-time positions open – one is for a volunteer coordinator and the other is office manager.

**III. PREVIOUS MEETING NOTES APPROVAL**

The meeting notes were approved unanimously.

#### **IV. RESIDENTIAL PLANNING AND SUPERVISED LIVING**

Shelle Crosby and Walt Adams, both RSN staff, provided information about plans for transitioning some clients currently residing in supervised living facilities to supported housing. An assessment completed last year found that 10% of those assessed did not appear to need supervised living residential services. It was emphasized that in terms of recovery, it's best for clients to move to a more independent type of living as soon as they are clinically and functionally ready. Of the 75 individuals who moved from supervised living during 2003, 46 people moved into more positive living situations (e.g. supported housing or independent living). The RSN will assist agencies with transition planning, and clients who continue to meet medical necessity criteria will not be transitioned elsewhere.

#### **V. DEBRIEF FIRST FORUM**

The feedback from the April 16, 2004 Quality Council/NAMI-Greater Seattle Forum was most positive. People were appreciative of the opportunity to be heard. Participants represented a good mix of consumer, family members, and providers. The crowd numbered about 70-80 with a good and passionate exchange of ideas. There was no breaking into small groups as planned because participants decided they preferred staying together and hearing what one another said about what was and wasn't working for them in the mental health system. This was the QC's first venture into the community, and it is important that we do something with the information received. The NAMI South County forum is April 20 at Valley Cities Counseling & Consultation. It is not yet known when or if NAMI Eastside will jointly sponsor a forum.

#### **VI. RSN UPDATE**

Postponed until April.

#### **VII. ADJOURNMENT**

The meeting adjourned at 5:00 p.m.